

This chart shows the groups that are currently being facilitated and a description of each group.

Group Name	Description of Group
SBCM	Strengths-Based Case Management. This program identifies those youth with several “risk” factors currently present in their lives and collaboratively sets goals, in order to reduce that risk.
POP	Parents of Pride. This group seeks to engage and educate parents and caregivers of LGBTQ+ youth. This program combines educational and support elements to provide for parents and caregivers a safe space to discuss successes and challenges in raising and supporting LGBTQ youth.
Gender Variant	A support group for youth who self-identify as transgender, genderqueer, or questioning.
Middle School GV	A support group for youth ages 12-14 who self-identify as transgender, genderqueer, or questioning.
Reality 101	A group that focuses on bringing people from the community into IYG to speak to the youth. Examples of topics covered: car buying, interaction with Police, LGBT and religion, foreign languages, and culture.
Dating and Relationships	A group focusing on education pertaining to dating and relationships.
Coming Out	A group for youth who want to talk about their coming out experiences and for straight allies to support the process.
Youth Council	The youth governing body of IYG. Youth Council members serve in positions of leadership and guidance for their peers. Youth Council is involved in community engagements, public speaking, and fundraising efforts, among many other aspects of IYG.
Writing Group	A group that does writing exercises and then discusses.
HIV/STD Ed	A group facilitated by The Damien Center. Once a month a topic and experiential activity promoting safer sex is discussed.
Art Group	A group focusing on using art as a means of expressing feelings and to learn about new art mediums.
Guys who Like Guys	A group for guys who like guys. Various topics are discussed along with experiential activities occurring.
Girls Who Like Girls	A group for girls who like girls. Various topics are discussed along with experiential activities occurring.
Dinner and movie with IYG Family	Once a month staff and youth sit down for dinner together and then watch an LGBT themed movie.
Love Holds No Gender: Bi/Pan/Poly Questioning Group	A group for youth who identify as bisexual, pansexual, polysexual, or questioning. The group serves as a support group for this population of youth.
Spirituality and LGBTQ	A group focusing on faith and religion and how it fits in with identifying as LGBTQ

Straight Ally Group	A group for straight allies of the LGBT community to receive support and learn how to advocate and be proud of their ally status.
Cooking Group	A group focusing on teaching the youth of IYG to cook. Meals are planned focusing on healthy eating and eating on a budget.
Separation of Church and Hate	A group led by a retired minister who is a straight ally to the LGBTQ community. The group focuses on being “church damaged” due to self-identifying as LGBTQ. This group aids youth in understanding that they too have a place in a spiritual community, with god, and within a church.
Teens and Tweens Group	A group for 12 and 13 year olds. This groups focuses on a variety of issues that affect this age group. Stressors regarding coming out, relationships, school, and peer pressure are discussed and activities are facilitated to build self-esteem and personal growth.
Art and Emotion Group	A group that focuses on making art to express feelings, build character, and address life stressors.
Alcohol and Drug Education	A group for youth to learn about refusal and resistance skills pertaining to drug and alcohol use. This group is often youth lead. Often, youth role play difficult situations to learn how to say no to peer pressure.
TOP Group	An evidenced based group lead by Adult & Child staff that focuses on community activism, community service, and building life skills.
Money Talks	A group that focuses on life skills pertaining to financial responsibility; for example, balancing a check book, managing credit cards, renting, and how to manage a budget will be discussed.
Girls Rock!	A group, in collaboration with a local non-profit “GirlsRock!” that provides musical programming at IYG.
Tea Time	A group that gathers youth around a nice cup of tea and discusses current events topics and politics.
Sexwise	An evidence-based program offered to youth by Planned Parenthood of Indiana and Kentucky that offers sex and relationship education.
Pretty Hurts	A group which gives youth the opportunity to discuss issues around body image and self-esteem. Activities are done that encourage positive self-talk and redefining the meaning of beauty.
Comic Book Queers	This group focuses on queer culture in comic books.
IYoGa	Youth experience an oasis of calm and self-empowerment through guided meditation, basic yoga stretches and learning an easy acupressure technique. Yoga mats and pillows provided.
DIRT	This program is an inter-agency collaboration including The Damien Center, Bellflower Clinic, Step Up, and Brothers United; local AIDS Service Organizations and a free clinic who acknowledge that HIV/STIs continue to disproportionately impact the gay community and increasingly, those of color. Youth get a safe space to ask questions candidly, get accurate information about decreasing personal risk, and increase their awareness of supportive services in the community. This program is only for those youth ages 15 and over.

Queer Book Club	A group for youth to read queer-themed books together and discuss.
Board Game Group	Youth play board games together and have fun.
ArtReach	A partnership with a community organization to teach youth art history and basic components of art, as well as give youth a chance to create their own pieces.
Dead Poet's Society	A youth-led group that focuses on poetry and literature.
Recreational Group	<i>A recreational games group for youth to bond and have fun.</i>
LGBT Purdue Group: Science Night	<i>The LGBT group from Purdue University came to get the youth involved in science experiments and talk about their experiences at the university.</i>
Speaking Engagement/Youth Panel	<i>Youth often accompany IYG staff to speaking engagements or panels where they have the opportunity to educate others and tell their personal stories.</i>
Community Events/Charity Walks	<i>Youth attend a plethora of community events and charity walks as representatives of IYG and the youth population. These may include: the Out of the Darkness Walk for Suicide Prevention, the AIDS Walk, LGBTQ Pride Parade, etc...</i>