

Job Title: Mental Health Therapist

Salary Range: \$52,000 - \$57,000

FLSA status: Exempt (Salaried)

Level: 7

Hours: Full time

Position Summary:

The Mental Health Therapist works directly with IYG clients to offer free mental health services. Duties include meeting with clients in both individual and group settings to listen to their challenges and issues while also helping to build support plans and foster healthy coping skills for clients to follow. IYG's counseling programs are short-term, strengths based, and trauma informed.

Position Responsibilities:

- Evaluate client needs and develop customized support plans.
- Support staff and clients in developing coping mechanisms for stress and trauma.
- Conduct ongoing consultations to determine client needs and provide resources.
- Host both Individual and group therapy sessions.
- Monitor client progress and adjust their support plans as needed.
- Manage client database and track information/progress.
- Schedule intakes and appointments and maintain the schedule.
- Coordinate with social and medical agencies, healthcare providers, and community outreach programs to provide clients with needed services.
- Coordinate with IYG Case Management team to build client care plans as needed.
- Documentation services provided and resources connected for all clients.
- Take part in regular professional development, trainings, and courses to stay up to date on mental health best practices, especially as they pertain to LGBTQ+ young people.
- Meet with team members as scheduled.
- Other duties as assigned.

Reports to: Mental Health Therapy Manager

Position requirements:

- Master's degree in social work, psychology, counseling, or related field.
- Two or more years' experience in providing therapy.
- Hold a valid Indiana Counseling License.
- Ability to schedule and maintain client appointments.
- Strong knowledge of youth development and experience working with at-risk youth.
- Experience working with youth from various racial, ethnic, cultural, and socioeconomic backgrounds.
- Must be organized, confidential, and have excellent follow-up skills.
- Strong understanding and knowledge of HIPAA.
- Strong work ethic with the ability to self-start.
- Strong foundational knowledge and competency of LGBTQ+ issues, needs, and terms.
- Must be vaccinated for Covid and provide proof before starting work.
- Must pass all background checks.